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Government
Publications

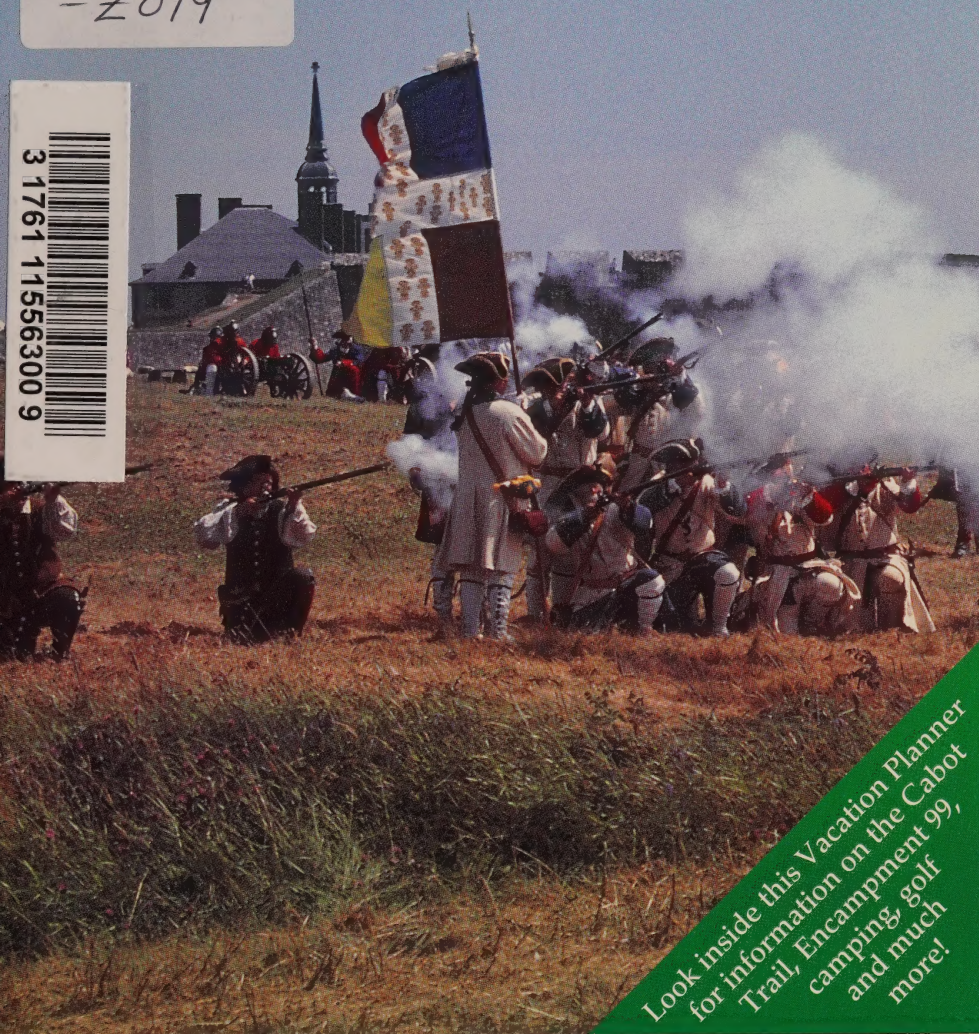
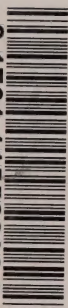
CANADA'S NATIONAL PARKS AND NATIONAL HISTORIC SITES

CAI
EP210

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in Cape Breton

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Look inside this Vacation Planner
for information on the Cabot
Trail, Encampment 99,
camping, golf
and much
more!



Parks
Canada

Parcs
Canada

Canada

Proudly Bringing You Canada At Its Best

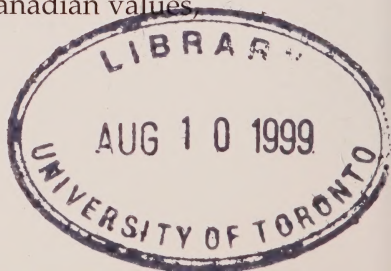
Land and culture are woven into the tapestry of Canada's history and the Canadian spirit. Our rich past is celebrated in a network of special places that together tell the stories of the land, people and events that shaped this country. Discover the many wonders, adventures and learning experiences that await you at Canada's national parks, national historic sites, historic canals and national marine conservation areas.



Our Mission

Parks Canada's mission is to ensure that Canada's national parks, national historic sites and related heritage areas are protected and presented for this and future generations.

These nationally significant examples of Canada's natural and cultural heritage reflect Canadian values, identity, and pride.



WELCOME

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Come, indulge yourself. Bask in the unforgettable splendour, unique beauty and living history of Cape Breton Island. Inhabited primarily by Scottish, Irish, Acadian and Mi'kmaq peoples, Cape Breton is a cultural experience you won't soon forget.

Cape Breton's rich history and breathtaking natural beauty can be enjoyed at one national park,

four national historic sites and a heritage canal. Whether you're here for a day or for a week, this Vacation Planner will help you make the most of your visit.

Dramatic mountains, rugged coastline, captivating culture, intriguing history, quaint fishing villages — discover them all on Cape Breton Island.

Did You Know...

- That some of the most scenic sections of the world-renowned Cabot Trail are located in Cape Breton Highlands National Park. A Park Entry Permit is required to sightsee and use services and facilities located along this portion of the Cabot Trail.
- Cape Breton is home to North America's largest historical reconstruction — the Fortress of Louisbourg.
- You can discover two of the world's great pioneers in global telecommunications at our national historic sites: Alexander Graham Bell and Guglielmo Marconi.
- Our programs are available in English and French.

Please Remember

- National parks and historic sites are for the enjoyment of present and future generations. Please leave these areas as you found them, so that others may enjoy them as you have.
- Pets are welcome in the national park (except on swimming beaches); and on the grounds of national historic sites (except the Fortress of Louisbourg).

Pets must be kept on a leash at all times. If you are planning a visit to the Fortress, you may want to consider using a kennel in nearby Sydney, or take advantage of pet-sitting services in Louisbourg.

- Service dogs may accompany owners into the Park, all buildings, and onto the grounds of the Fortress of Louisbourg.

Partners in Heritage

Entry fees are charged at all national parks and at most national historic sites. In Cape Breton, daily entry fees range, on average, from \$2.50 to \$15 for an adult (subject to change). Reduced rates are offered for children, seniors, families and for multi-day use passes.

In national parks, fees are also charged for camping, golf, and other such services. Fees may also be charged for special programs and events.









The money is used to preserve the parks and sites, and maintain the quality of visitor services and facilities. This means that every time you visit a park or site you are investing in its future — and in a legacy for future generations.

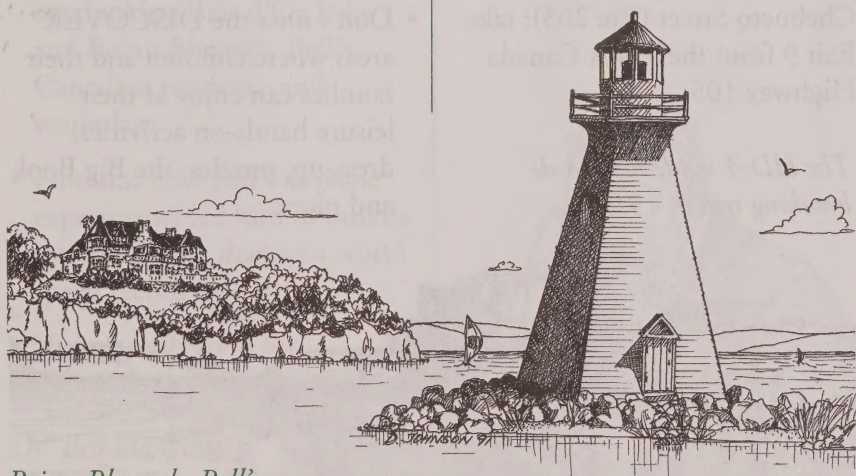
Group Tours & Travel Trade

Most parks and sites offer special services and fees for commercial and educational groups. Please contact the park and sites directly for details on specific services and reservation requirements. To add your company's name to our mailing list, and to receive travel trade information, please call (902) 426-3436.

For Your Convenience

The legend identifies the services which are available at the park and sites. Watch for these symbols throughout this Vacation Planner when planning your visit.

-  Public washrooms
-  Pit privies
-  Parking
-  Public telephone
-  Gift shop
-  Restaurant/Coffee Shop
-  Picnic facilities
-  Totally or partially accessible. Services, including closed captioning, vary; please inquire.



*Beinn Bhreagh, Bell's
Canadian residence—seen from
the waters of Bras d'Or.*

ALEXANDER GRAHAM BELL NATIONAL HISTORIC SITE

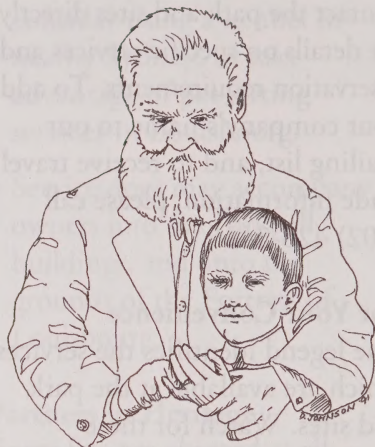
This Site is home to the world's most comprehensive collection of artifacts, personal mementos and photos relating to Alexander Graham Bell, and is a tribute to this genius and humanitarian.

Discover Dr. Bell's work with the telephone, aviation, the teaching of the deaf and much more. Interactive displays, artifacts, models and an extensive photo collection make this an entertaining experience for the entire family.

Getting There

The Site is located at the east end of the village of Baddeck on Chebucto Street (Rte 205); take Exit 9 from the Trans-Canada Highway 105.

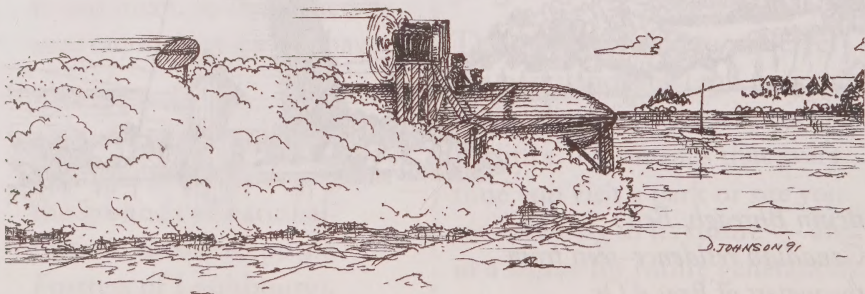
The HD-4 made its record-breaking trip in 1919.

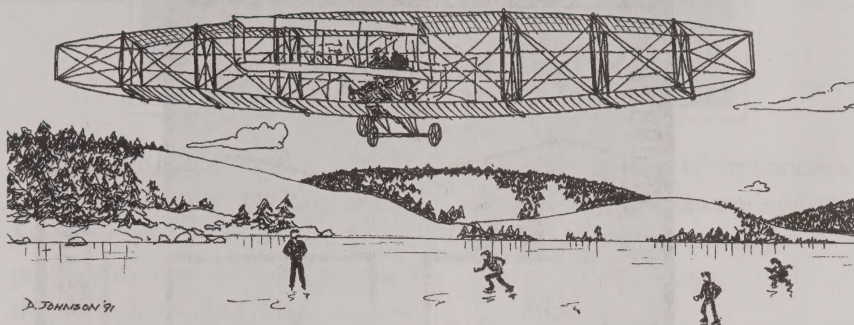


Using "the talking glove", Dr. Bell converses with a young student.

Making the Most of Your Visit

- Plan to spend at least two hours at the Site.
- Don't miss the DISCOVER areas where children and their families can enjoy at their leisure hands-on activities, dress-up, puzzles, the Big Book and more.

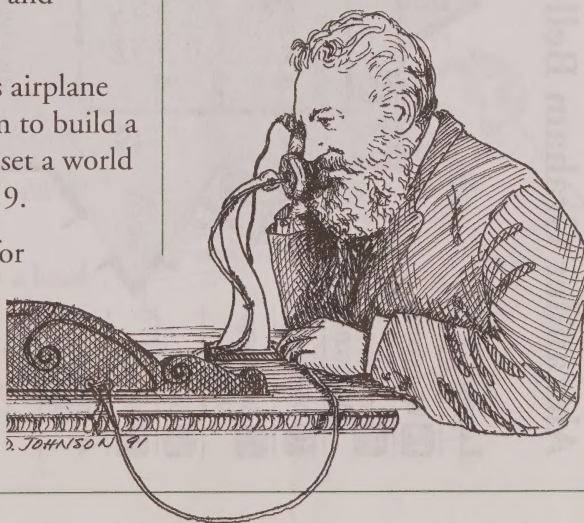




The flight of the Silver Dart (1909) - a milestone in Canada's aviation history.

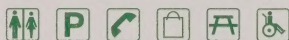
- Participate in experiments, kite-making, kite-flying and join in presentations that will take you back into the life and times of Dr. Bell — we're inventing new programs all the time!
- Enjoy a picnic on the beautifully-landscaped grounds.
- Stroll through the gardens overlooking Bras d'Or Lake and Beinn Bhreagh, Bell's Canadian residence and workplace.
- Find out how Bell's airplane experiments led him to build a hydrofoil boat that set a world speed record in 1919.
- Visit the gift shop for mementos.

Dr. Bell inaugurates New York/Chicago telephone service (1892).










- Baddeck has been a popular summer vacation destination since the time of Alexander and Mabel Bell. Inquire at the Welcome Centre located on Chebucto Street about more things to see and do while visiting Baddeck.

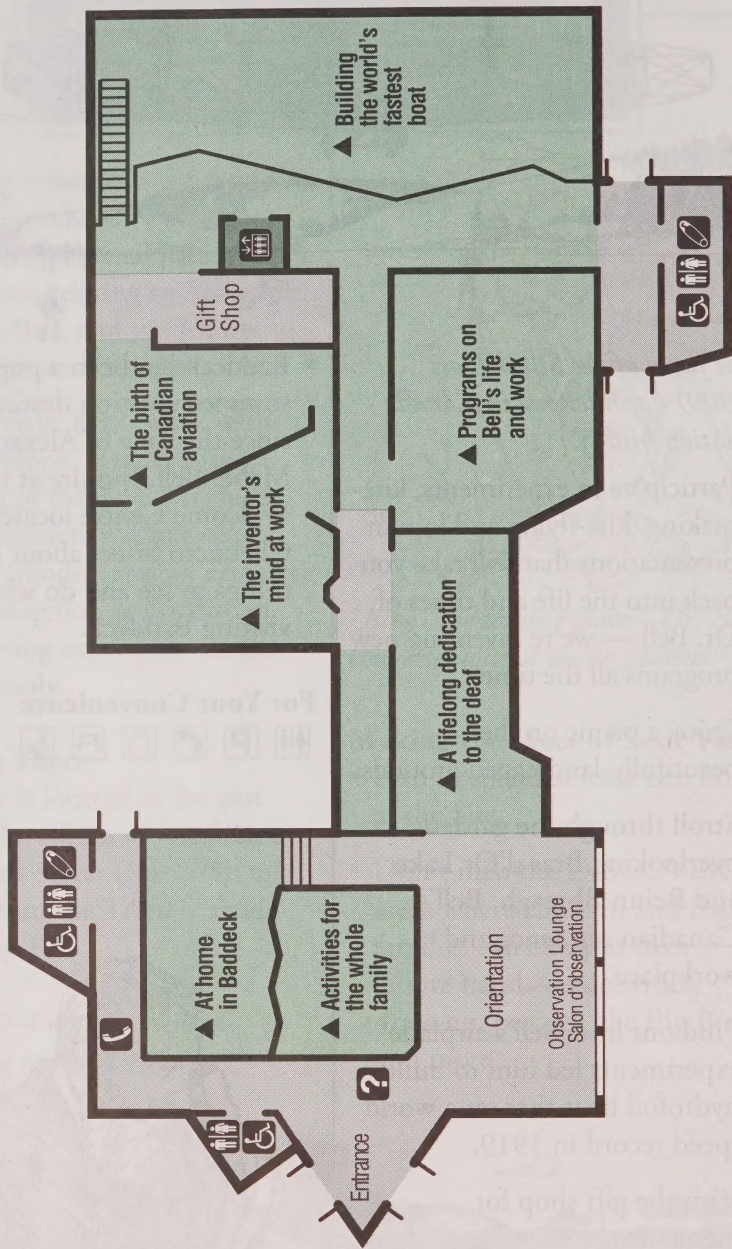
For Your Convenience



Alexander Graham Bell National Historic Site

Legend

	Washrooms
	Accessible Washrooms
	Telephone
	Baby change room
	Elevator
	Reception
	Interpretive Display



MARCONI NATIONAL HISTORIC SITE

Table Head was once an important station for Guglielmo Marconi, who proved it was possible to send messages across the Atlantic using electromagnetic waves instead of wires.

Today, Table Head, a promontory on the Glace Bay coastline, is home to Marconi National Historic Site. Here, photographs, models and artifacts detail the outstanding events, dreams and successes of Marconi's life.

Getting There

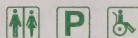
The Site is located on Timmerman Street in Glace Bay.

Making the Most of Your Visit

- Plan to spend at least 30 minutes.
- Ask staff about Marconi's role in telecommunications.
- Stroll down to the rugged Atlantic coastline.
- The Site is home to a local amateur radio club. Watch radio operators send messages all over the world.

- Visit the remains of the concrete foundations of Marconi's 64-m (210-ft.) aerial towers and transmitter buildings.
- Historically, Glace Bay was also the heart of the coal mining industry in Eastern Canada. While in the area plan a few hours to visit the Miners' Museum.

For Your Convenience



*At work in the laboratory,
on board the Elettra.*



Atlantic Canada's National Parks and National Historic Sites

New Brunswick

1. St. Andrews Blockhouse
2. Carleton Martello Tower
3. Fundy National Park
4. Monument-Lefebvre / Acadian Odyssey
5. Fort Beauséjour
6. Kouchibouguac National Park
7. Beaubears Island
- ▲ Saint Croix Island
International Historic Site

Nova Scotia

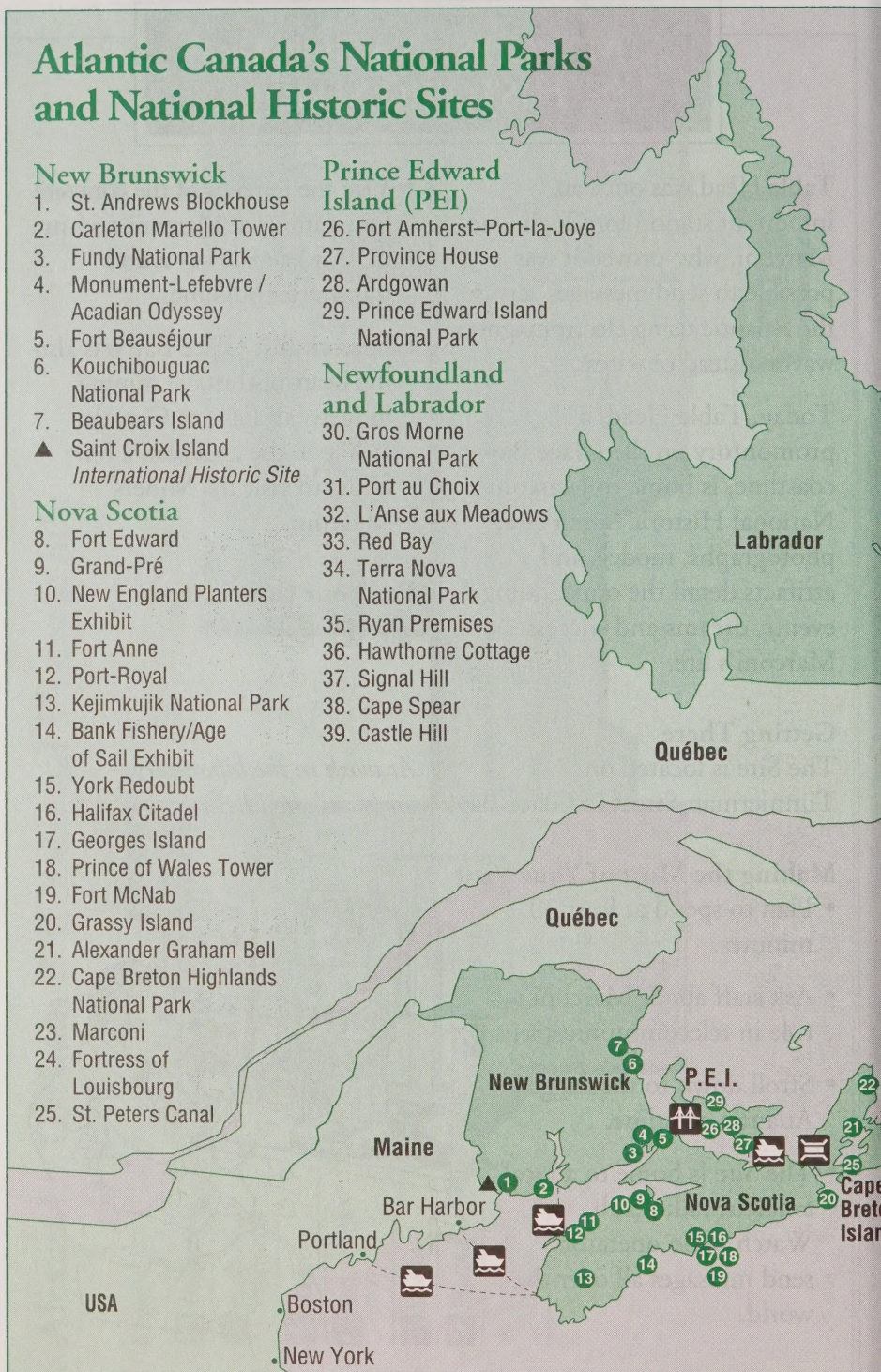
8. Fort Edward
9. Grand-Pré
10. New England Planters Exhibit
11. Fort Anne
12. Port-Royal
13. Kejimikujik National Park
14. Bank Fishery/Age of Sail Exhibit
15. York Redoubt
16. Halifax Citadel
17. Georges Island
18. Prince of Wales Tower
19. Fort McNab
20. Grassy Island
21. Alexander Graham Bell
22. Cape Breton Highlands National Park
23. Marconi
24. Fortress of Louisbourg
25. St. Peters Canal

Prince Edward Island (PEI)

26. Fort Amherst-Port-la-Joye
27. Province House
28. Ardgowan
29. Prince Edward Island National Park

Newfoundland and Labrador

30. Gros Morne National Park
31. Port au Choix
32. L'Anse aux Meadows
33. Red Bay
34. Terra Nova National Park
35. Ryan Premises
36. Hawthorne Cottage
37. Signal Hill
38. Cape Spear
39. Castle Hill





FORTRESS OF LOUISBOURG NATIONAL HISTORIC SITE

Step back in time to 1744!

Experience Louisbourg, a thriving seaport and capital of Ile Royale (Cape Breton Island). The Fortress was one of the busiest harbours in North America during the 18th century and one of France's key economic and military centres in the New World. Today, it stands as North America's largest historical reconstruction.

Getting There

The Fortress is located just beyond the community of Louisbourg. Follow Rte 22 from Sydney.

Making the Most of Your Visit

- Plan to spend at least one full day at the Site.

- Be sure to wear comfortable walking shoes and bring a jacket.
- Take a guided outside walking tour.
- Take time to talk with the Fortress "residents". Fishermen, upper class ladies, soldiers, servants and merchants will surprise and delight you with tales from a bygone era.
- Discover aboriginal history on the Mi'kmaq Interpretive Trail.
- Children 4 - 10 years can enjoy period music, games and crafts at the Children's Interpretive Centre while Mom and Dad explore the Fortress. Minimal fee charged.



A common sight on Louisbourg Harbour.



A drummer from the Compagnies Franches de la Marine

- Enjoy lunch or dinner in one of three period restaurants. And be sure to visit the bakery to sample a soldier's daily ration of bread.
- Stop by the Visitor Reception Centre or the on-site gift shop for souvenirs. Sandwiches, desserts and modern beverages are also available at the on-site gift shop.
- Visit our costume photo studio and have your picture taken in 18th century-style clothing.

- Wheelchairs and strollers are available.
- Don't rush your visit to the Louisbourg area. Plan on spending at least two days to explore both the Fortress and the modern community of Louisbourg. Inquire about live theatre, the annual crab festival and other events held in the community.

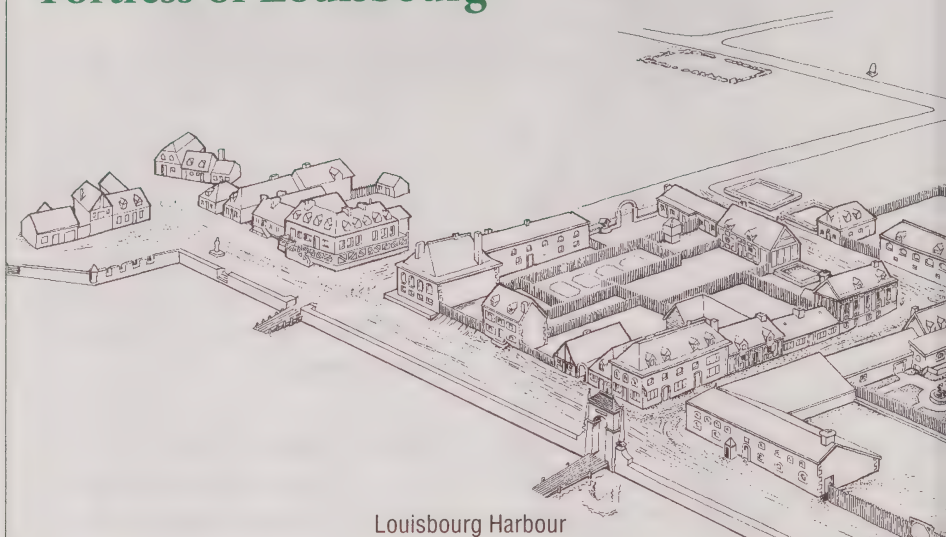
Cross-Country Skiing

Enjoy 9.2 km of groomed and 16.5 km of ungroomed trails. Ocean views on most trails. Shelter and pit privies on Kennington Cove Trail only.



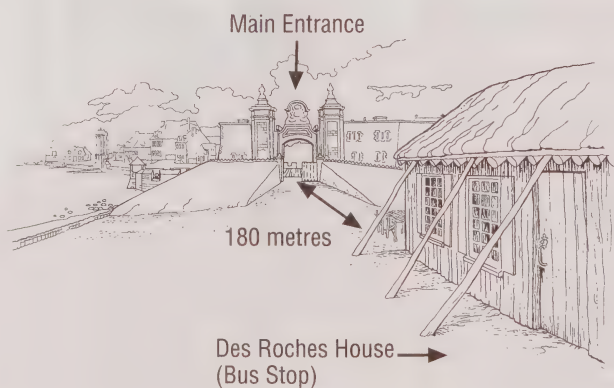
Open hearth cooking

Fortress of Louisbourg



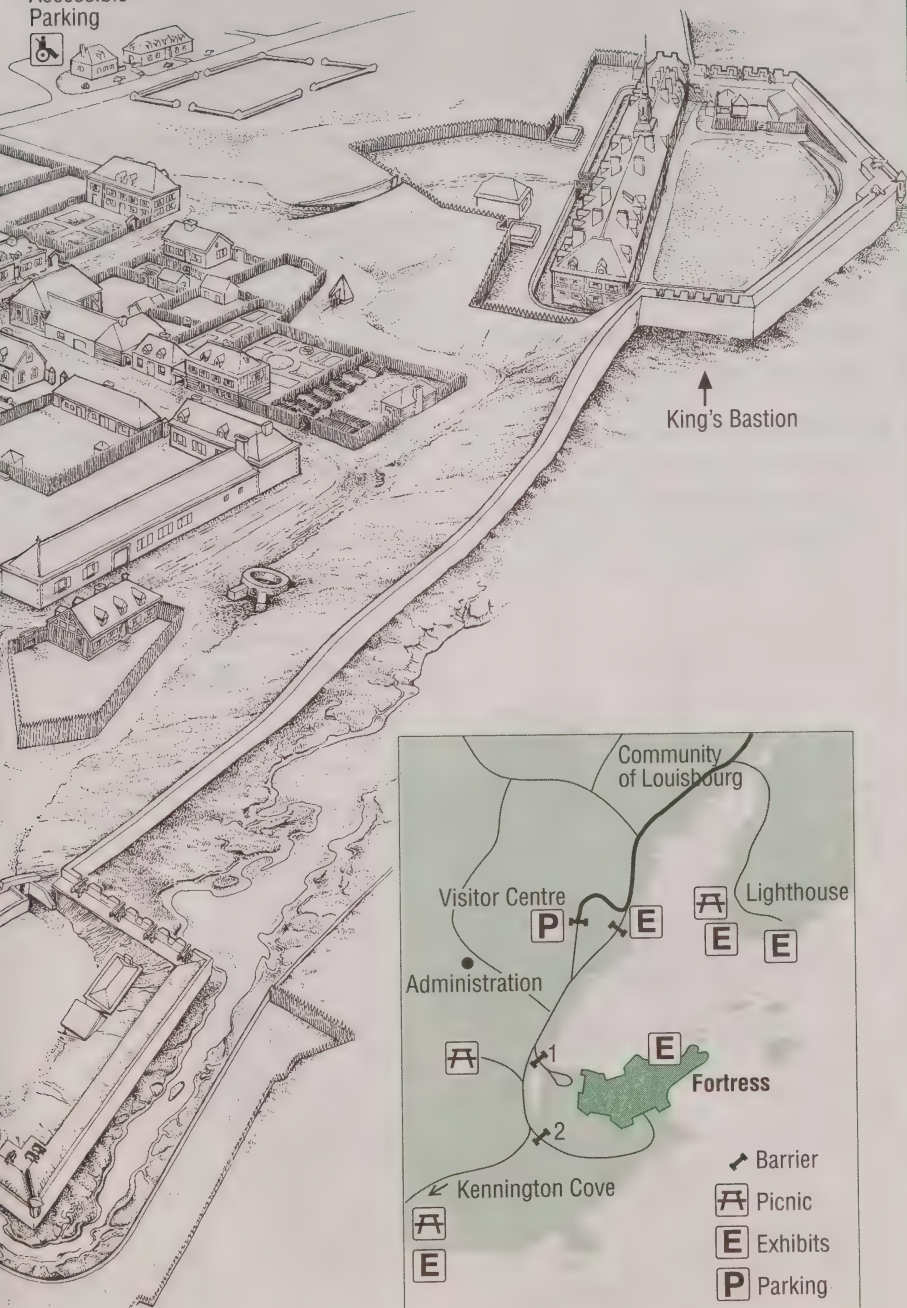
Louisbourg Harbour

It is recommended that you set aside at least one full day to visit the Fortress. With over 50 buildings and covering a 12-acre area, the Fortress is large. Be sure to plan enough time to truly appreciate and enjoy this remarkable place.

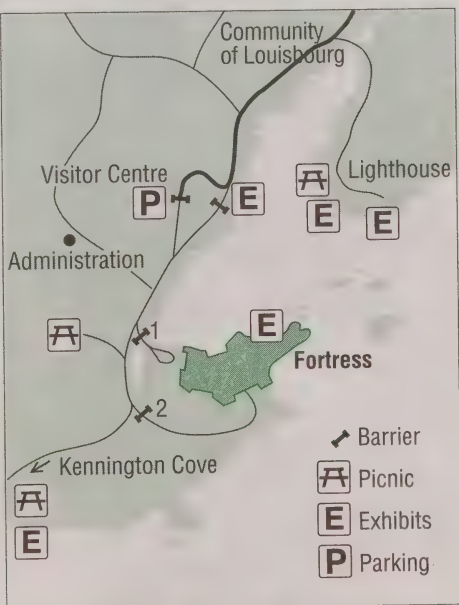


Main Entrance

Accessible
Parking



King's Bastion



Outdoor Recreation

The Fortress of Louisbourg, in addition to being a national historic site, is also a large park area which protects a variety of wildlife and landscapes. There is much to see and do — so plan an extra day for exploring this area of the Site.

- Pack a lunch and enjoy one of our scenic picnic areas.
- Head for the beach! Two beautiful ocean beaches offer supervised and non-supervised swimming.

- Visit Lighthouse Point, a dramatic ocean bluff offering sensational views of the Fortress and the rugged Atlantic coastline. The Point was the site of Canada's first lighthouse.
- Bring your fishing licence, and stop by one of our streams or lakes teeming with speckled trout.
- Enjoy some of the Fortress's walking trails - the Mi'kmaq Interpretive Trail, the Ruins Walk, the Simon Point Nature Trail or the Royal Battery Interpretive Walk.

For Your Convenience



A Louisbourg merchant oversees the arrival of goods.

GRASSY ISLAND NATIONAL HISTORIC SITE

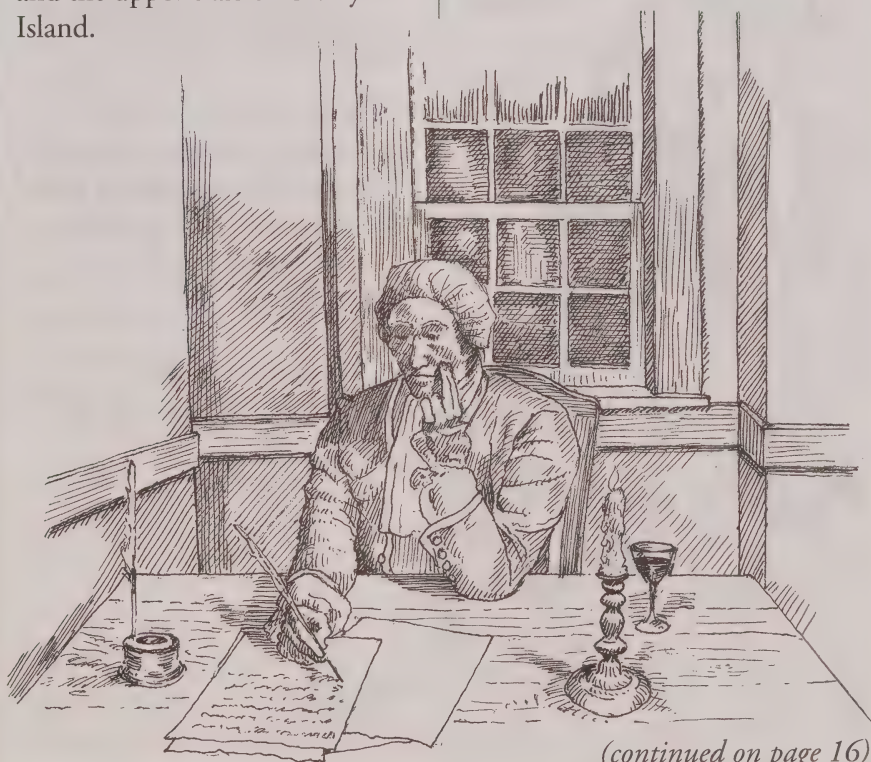
More than 200 years ago, Grassy Island was a key fishing settlement in Nova Scotia at a time when dried fish was plentiful, merchants ruled the seas and soldiers waged colonial battles.

Get to know a few of Grassy Island's colourful characters at the Visitor Centre. Dioramas, artifacts, models and a video depict what life was like for merchants, soldiers, fishermen and the upper class of Grassy Island.

Getting There

Grassy Island is located off the coast of the Town of Canso on the northeastern shore of **mainland Nova Scotia**. A boat service to the island is available from the Visitor Centre located on Union Street.

An anxious Captain Heron appeals to his commander for equipment and troops.



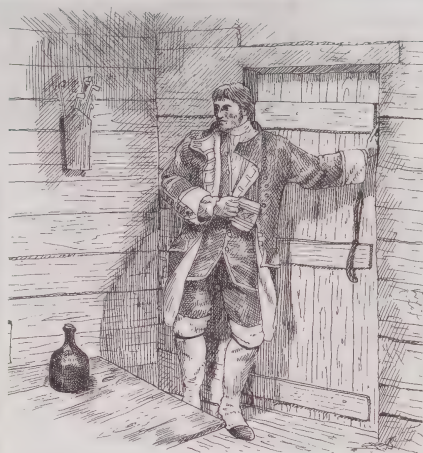
(continued on page 16)

Making the Most of Your Visit

- Plan to spend a minimum of 30 minutes to explore the Visitor Centre and slightly more than one hour to visit the island.
- As an adventure, take a short boat ride to the island for a picnic by the sea.



The Edward How family prepares for afternoon tea.



Relaxing in the "tavern" on widow Cosby's land.

- Hike the interpretive trail around the island to learn more about the people who lived here in the 1700s.
- Drop by the Canso Tourist Information Centre in historic Whitman House to learn more about things to see and do in this traditional Nova Scotia fishing town.

For Your Convenience

Visitor Centre:    

On island:  

ST. PETERS CANAL

St. Peters Canal (902) 733-2280

Discover the 140-year history of this famous Nova Scotia canal, which is Atlantic Canada's only national historic canal. Long before the first fortified settlement of Saint Pierre was established here in the 1630s, the Mi'kmaq people carried their canoes across this narrow isthmus. Today, the Canal is the perfect spot for a picnic or to enjoy a bit of fishing.

Getting There

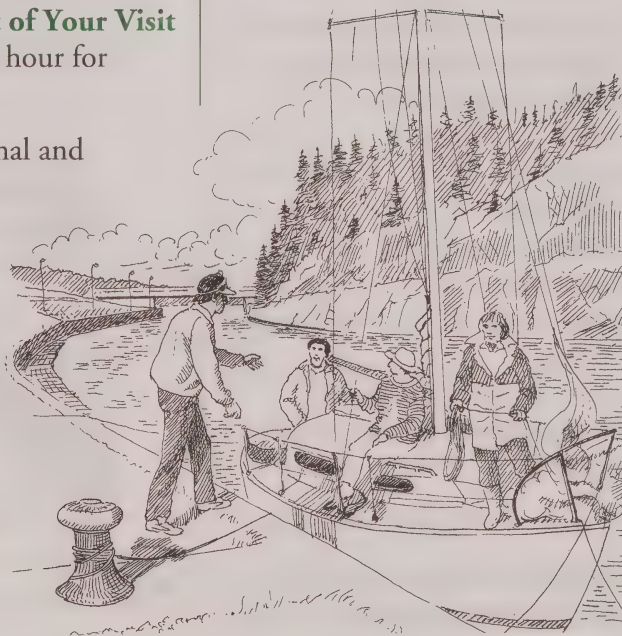
The Canal is located in the village of St. Peter's, 80 km west of Sydney.

Making the Most of Your Visit

- Plan at least one hour for your visit.
- Relax by the Canal and watch boats pass through the locks.

- Visit the outdoor exhibit which describes the functioning of the double-gate, tidal-lock system.
- If travelling by boat, use the Canal to enter Bras d'Or Lake. Once on the lake, head for Baddeck to dock your boat and explore the Alexander Graham Bell National Historic Site.
- Visit the Nicolas Denys Museum in the village of St. Peter's.

For Your Convenience



Pleasure boating is a popular activity in Cape Breton.

CAPE BRETON HIGHLANDS NATIONAL PARK/CABOT TRAIL

Cape Breton Highlands National Park protects 950 sq. km (366 sq. mi.) of magnificent highlands and coastal wilderness. It was set aside in 1936 as the first national park in the Atlantic Provinces. Some of the most scenic sections of the world-renowned Cabot Trail are located within the Park.

Explore some of the last remaining protected wilderness in Nova Scotia. See whales, bald eagles and moose. Stroll along picturesque valleys and ocean coves, or enjoy rich Acadian, Scottish and Irish culture.

The Cabot Trail/Cape Breton Highlands National Park — with its rugged ocean coastline, pristine mountain wilderness, waterfalls, sandy beaches and majestic forests — offers exceptional opportunities for sightseeing. Be sure to bring lots of film!

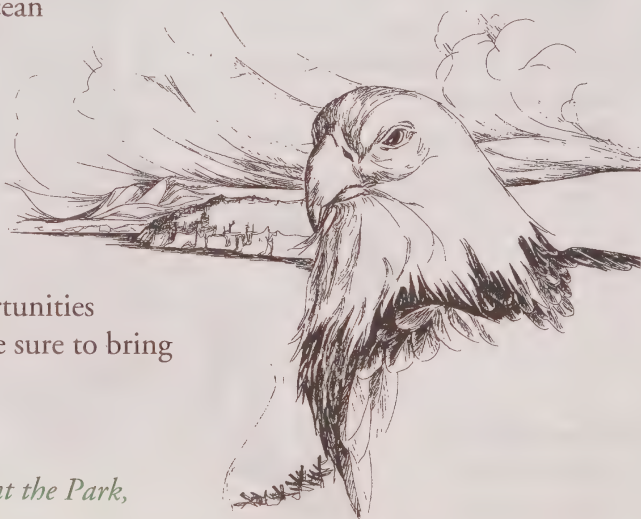
Bald eagles frequent the Park, especially coastal areas.

Getting There

The Park stretches across the northern tip of Cape Breton Island between the Gulf of St. Lawrence and the Atlantic Ocean. Park entrances are located on the Cabot Trail north of Cheticamp and at Ingonish Beach.

Making the Most of Your Visit

- Plan to spend a minimum of 3-4 days for your visit.
- We recommend touring the National Park and the Cabot Trail in a clockwise direction (entering from Cheticamp) to make full use of the extensive





Great Blue Heron

services at the Cheticamp Information Centre. While at the Centre, you can see a bald eagle and coyote up close, make animal tracks in the family corner, and view the audio-visual show.

- Browse through Atlantic Canada's largest nature bookstore, also located at the Cheticamp Information Centre.
- Take time to stop at the roadside look-offs and exhibits along the Cabot Trail. The views are spectacular.
- Watch for moose! The Park is home to hundreds of these majestic creatures and spotting one is a thrill you'll never forget.

- Check bulletin boards at the Information Centres or in Park campgrounds for information on daily events taking place in the Park and in adjacent communities.
- Refer to the Insert for detailed information on fees and the seasons of operation.

Activities

Golf

The Park is home to the Highlands Links, ranked one of the top courses in Canada. This public, 18-hole course is set amidst some of the world's most spectacular scenery. Motorized and pull carts are available for rent at the Pro Shop. Call (902) 285-2600 for tee-off and cart reservations.

Camping

Camping is one of the best ways to truly experience and appreciate Cape Breton Highlands National Park and the Cabot Trail. Choose from six campgrounds featuring:

- serviced and unserviced sites
- spacious natural settings with spectacular views
- open or shaded sites
- large pull-through sites for RVs (major campgrounds)

- showers, clean washrooms, kitchen shelters with woodstoves
- nature programs (major campgrounds only), hiking, beaches and world-class sightseeing
- night security in July and August
- easy transfers among the camping areas
- alcohol-free weekend (July 1)
- discounts on 4 or more nights
- satisfaction guaranteed or you'll receive a "no-hassle" refund
- friendly staff
- all conveniences available in adjacent communities

What You Should Know...

- Reservations are not required as the Park guarantees that every camper will be provided with a site. Reservations are accepted only for wheelchair accessible sites, group campsites, and backcountry sites.
- Full services are available from late May to early October. However, camping is available year-round.
- Please register at the campground kiosk; you also require a Park entry permit.



Lady slippers and other plants are protected in the Park.

For your convenience, self-registration is also available.

- For your safety and the protection of the environment, campfires are restricted to the fireplaces provided. Be sure to bring an axe to make kindling; it cannot be collected in the woods. Camp stoves are recommended.
- All campgrounds have flush toilets except Big Intervale and Marrach, which have pit privies.

Frontcountry Camping

Cheticamp Campground

Wooded campground on river at western entrance to the Park with 125 unserviced sites (some with fireplaces); 13 electrical sites; 24 sites with 3-way hookups; wheelchair accessible sites. Showers. An outdoor

theatre features evening nature programs and concerts in July and August. Playground, hiking, Visitor Centre with exhibits and slide show.

Corney Brook

Small oceanside campground with 20 unserviced sites, fireplaces. Campers may use showers at Cheticamp Campground, 10 km away. Ocean swimming, hiking, playground. 15 km to Cheticamp.

MacIntosh Brook

Small open campground nestled at base of the mountains. 10 unserviced sites. Hiking, playground. Campers may use showers at Cheticamp Campground, approximately 30 minutes away. 5 km to Pleasant Bay.

Big Intervale

Small campground on Aspy River with 10 unserviced sites, fireplaces. Campers may use showers at Cheticamp Campground, approximately 1 hour away. Hiking, playground. 10 km to Cape North.



Black Brook Beach is a popular swimming spot.

Broad Cove

Large, wooded and open campground on Atlantic coastline with 173 unserviced sites (some with fireplaces); 83 3-way hookup sites; wheelchair accessible sites. Showers. Outdoor theatre provides evening nature programs and concerts. Group fire circles, playground, swimming. Adjacent to the community of Ingonish.

Ingonish

Large open campground, 10-minute walk to beach on Atlantic coastline: 90 unserviced sites (some with fireplaces). Showers. Ocean swimming nearby, playground. Adjacent to the community of Ingonish. Wheelchair accessible washroom/showers.

Backcountry Camping

Drinking water should be boiled; campstoves required; garbage must be packed out — no garbage receptacles at site. Backcountry permit required. Reservations accepted (\$5.00 additional charge).

Fishing Cove

Spectacular backcountry camping on secluded cobblestone beach. A 16 km (10 mi) return hike with

steady descent to rugged coastline.

Group Camping

Reservations required

Marrach

Large, wooded, secluded campground. Group fire circle and flag pole. May use showers at Broad Cove campground.

Robert Brook

Open area adjacent to Cheticamp campground. Showers. Group fire circle and flag pole.

Additional Outdoor Recreation

Enjoy salt or freshwater swimming at a variety of beaches. Picnic in a tranquil forest or an ocean-side setting. Cycle the Cabot Trail — an unforgettable experience. Buy a national park fishing license and angle for salmon or trout (catch and release). Interpretive programs and signs help you discover our scenery, wildlife and culture.

Winter Recreation

Cape Breton's national park offers exceptional opportunities for outdoor winter recreation.

Plan your winter vacation in Cape Breton now!

Cross-Country Skiing

With a high snowfall from December to late April, the northern part of Cape Breton is a skier's dream. The Park offers over 40 km of groomed trails.

Mary Ann Falls Trail:

27 km (round trip) of rolling wilderness with ocean vistas connecting Warren Lake and Black Brook trails. The cabin at Mary Ann Falls has a woodstove and pit privy and can be rented for overnight ski camping.

Warren Lake Trail:

3 km return. Excellent opportunities for wildlife watching.

Gold Mine Trail:

9 km return. Warm-up shelter, pit privy. Explore the remains of a gold mine.

Black Brook Trail:

3 km, 1 km and 1.75 km loop. Shelters with woodstoves, waxing hut with electricity, pit privy.

No charge for skiing on ungroomed trails, or off trail. Fee charged for groomed trails.



Moose at French lake

Cape Breton Highlands National Park/Cabot Trail



Legend

? Information

5 Hiking Trail

▲ Camping

▲▲ Group Camping

▲X Backcountry Camping

STOP Stop here to purchase your required park entry permit



The distance from Cheticamp to Ingonish, along the Cabot Trail, is 113 kilometres or 70 miles. Due to the Park's large size, and the number of things there are to see and do, it is recommended that you plan at least 4 days to explore the Cabot Trail/Cape Breton Highlands National Park.

Winter Camping

Cape Breton Highlands National Park offers great off-season camping from mid-October to mid-May. Cheticamp Campground offers flush toilets, kitchen shelter with woodstove, drinking water. Ingonish Campground has pit privy, kitchen shelter with woodstove and drinking water. When the snow arrives, Ingonish closes and Black Brook opens. Black Brook has pit privy, warm-up building, wood stove, electricity and groomed ski trails. Cabins at Black Brook, Branch Pond and Mary Ann Falls are available for rent for overnight ski camping. Call (902) 285-2542 to reserve.

Protecting the Park's Resources

- Feeding wildlife is unlawful. It usually results in the death of the animal and can lead to human injury.
- Leave all plants, rocks, driftwood, etc. in place.

Hiking

Each trail in Cape Breton Highlands National Park is marked by its corresponding number on the map on pages 24-25. The trails we recommend are indicated with an *, self-guiding with an **e**.

1. *L'Acadien* *

9.6 km loop (6 mi). Steady climb to panoramic view of coastline.

2. *Trous de Saumons*

13 km return (8 mi). Level, birdwatching, mountain bikes permitted.

3. *Le Chemin du Buttereau*

5 km return (3 mi). Acadian history, views of river.

4. *No trail labelled #4.*

5. *Le Buttereau* * **e**

1.9 km loop (1.2 mi). Great sunsets, birdwatching, Acadian history, ocean view.

6. *Corney Brook*

8 km return (5 mi). Waterfall. Old-growth forest.

7. *Skyline* *

7 km loop (4.3 mi). Dramatic headland cliff overlooking rugged coast, whales, birdwatching, moose.

- 8. Bog *** e
0.6 km loop (0.4 mi).
Boardwalk trail ideal for baby strollers, wheelchairs.
Orchids, moose, insect-eating plants.
- 9. Benjie's Lake**
3.2 km return (2 mi).
Moose, boreal birds.
- 10. Fishing Cove**
16 km return (10 mi).
Steady descent to rugged coastline, primitive camping, backcountry permit required.
- 11. MacIntosh Brook ***
2.8 km return (1.75 mi).
Waterfalls.
Old-growth forest.
- 12. Lone Shieling *** e
0.8 km loop (0.5 mi).
300-year-old sugar maple forest, Scottish sheep-crofter's hut.
- 13. Aspy**
9.6 km return (6 mi).
Steady climb, starting near a waterfall.
- 14. Glasgow Lakes Lookoff ***
8 km return (4.8 mi).
Panoramic view of highland plateau.
- 15. Jack Pine** e
2.8 km loop (1.7 mi).
Coastline, Jack Pine forest.
- 16. Coastal ***
11 km return (6.8 mi).
Coastline, difficult sections.
- 17. Jigging Cove Lake**
2.2 km loop (1.4 mi).
Wildlife.
- 18. Jigging Cove Brook**
1.5 km (1 mi). Connector trail.
- 19. Green Cove *** e
0.4 km return
(0.25 mi). Rocky ocean headland.
- 20. Broad Cove Mountain ***
3.2 km return (2 mi).
Panoramic ocean views.
- 21. Warren Lake**
4 km loop (2.4 mi).
Wildlife, great fitness trail near campground.
- 22. Branch Pond Lookoff**
(Formerly Lake of Islands)
8 km return (5 mi).
Steady climb to bogs, large barrens, plateau.

23. Franey *

6.4 km loop (4 mi). Climbs 366 m in just 3 km, panoramic views of canyon and ocean.

24. Clyburn Valley

9.2 km return (5.7 mi). Hardwood canyon along salmon river. Mountain bikes permitted.

25. Middle Head * [e]

4 km return (2.5 mi). Seabirds.

26. No trail labelled #26.

27. Freshwater Lake Lookout *

0.4 km return (0.25 mi). Steep climb to panoramic view.

28. Freshwater Lake

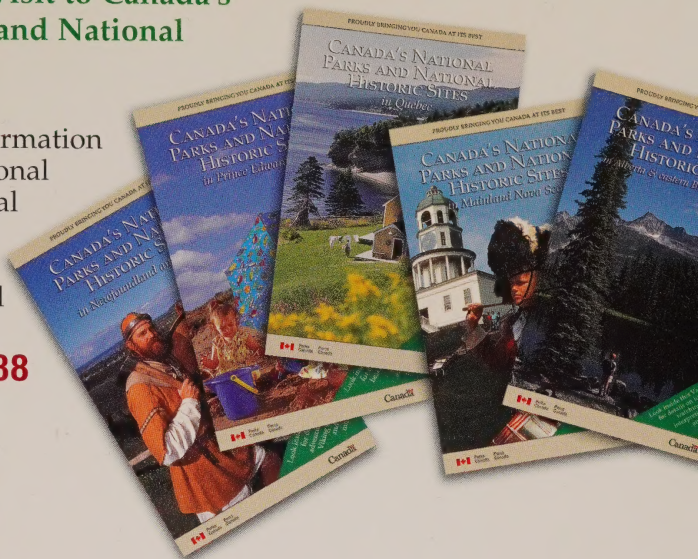
2 km return (1.2 mi). Wheelchair accessible, beaver and muskrat.

We also recommend the Cape Smokey trail located just outside the Park in Cape Smokey Provincial Park. This 11 km (6.8 mi) return trail features spectacular views of the Atlantic Ocean and the Highlands.

Planning Your Visit to Canada's National Parks and National Historic Sites

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How to Contact Us

Cape Breton Highlands National Park

Ingonish Beach, Nova Scotia
B0C 1L0
(902) 224-2306
(902) 285-2866 (fax)
(902) 285-2691 (TDD)

Fortress of Louisbourg National Historic Site, St. Peters Canal

P.O. Box 160
Louisbourg, Nova Scotia
B0A 1M0
(902) 733-2280
(902) 733-2362 (fax)
(902) 733-3607 (TDD)

Alexander Graham Bell National Historic Site, Marconi National Historic Site, Grassy Island National Historic Site

P.O. Box 159
Baddeck, Nova Scotia
B0E 1B0
(902) 295-2069
(902) 295-3496 (fax)
(902) 295-1512 (TDD)

For more information on Parks Canada contact:


Parks Canada
Historic Properties
1869 Upper Water St.
Halifax, Nova Scotia B3J 1S9
(902) 426-3436
(902) 426-6881 (fax)
Internet:
atlantic_parksinfo@pch.gc.ca
Web Site:
<http://parks canada.pch.gc.ca>

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Back Cover (counter-clockwise from top left): Fortress of Louisbourg National Historic Site Soldier / Parks Canada; Cape Breton Highlands National Park / Parks Canada; Kite Flying at Alexander Graham Bell National Historic Site / Dale Wilson / 1994; Alexander Graham Bell / Parks Canada Archives

All information in this Vacation Planner is subject to change



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